# Partnering with Youth to Co-Design a Learning Health System for Aire Ouverte, Québec's Integrated Youth Service

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## Background

- Many youth in Québec face mental health challenges but struggle to access proper support
- Aire ouverte (AO) was implemented to address this gap for youth aged 12-25 by offering integrated, walk-in, free, and confidential services, including support for:
  - Mental health
  - Physical health
  - Sexual health
  - Employment/Education
  - Legal needs

#### Learning Health System (LHS) Framework:

- Aire ouverte services are aligned with a LHS framework, which aims to continuously collect and use data to improve care delivery.
- The AO data in the LHS will include an intake questionnaire and some experience indicators completed by youth at various points as they move through services

## Research question

What should the **Intake Questionnaire** and **Experience Indicators** for Aire ouverte services include?

#### Methods

#### Co-Design Approach:

 Collaborated with 9 youth from various Aire ouverte sites across Québec.

## **Data Collection:**

- Youth consultations on Intake Questionnaire and **Experience Indicators**
- Literature scan to prioritize relevant questions
- Existing Aire ouverte data reviewed for alignment

### Results

#### Findings from youth consultations on Intake Questionnaires:



1) Intake questionnaires should take no more than 2 minutes to complete by the service users



2) Intake questionnaires should be clinicianintroduced at the end of the consultation

#### Findings for Experience Indicators:

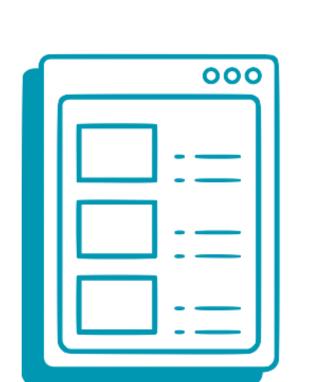
	Quebec CIUSSS	ACCESS Open Minds	CSQ-8	орос
Experience of overall services				
Quality of service				
Services provided were as comprehensive as possible		~		
Privacy respect				
Would return for services		<b>Y</b>		
Experience with provider				
Participation in decision making of one's own care				
Good communication				
Treated with respect				
Ability to ask all questions one could have				

Figure 1: Comparison of experience indicators questionnaires

## Discussion



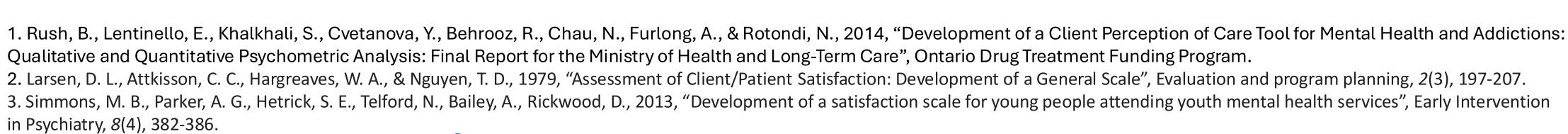
- Ongoing youth engagement is essential to identify meaningful indicators and to enhance the quality of youth services in Québec
- Youth demonstrated interest in remaining engaged in future research involving Aire ouverte services



Youth

Collective

Results from this study will allow for evidence-based selection of questions to include in future Aire ouverte questionnaires





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